

POOL RULES & SAFETY GUIDELINES

- Please observe these rules and the instruction of the lifeguard at all times.
- The River Bourne Club operates pool lifeguard supervision at select times only. When using our swimming pool, we request that you take account of your own swimming abilities.
- In case of an emergency there is a panic alarm button and phone located next to the sauna for contacting reception.
- The pool is monitored by CCTV at all times.
- Please shower before using the pool.
- No outdoor footwear to be worn on poolside. Please use the shoe covers provided in the changing rooms.
- Strictly no pushchairs or bags on poolside.
- No running, diving, jumping or shouting on poolside.
- The use of all electronic devices, including mobile phones & cameras is strictly prohibited for members and guests on poolside and within the changing rooms.
- Parents have a specific responsibility for the safety of their own children. This cannot be abdicated to lifeguards who are responsible for the safety of all swimmers.
- Children aged between 3 months - 12 years must be accompanied at all times by an adult in the water.
- Children 12 years and over are permitted to swim unaccompanied during family swim times, providing they are at least 1.5 metres tall and can swim 25 metres unaided.
- We operate a maximum ratio of 3 children to 1 adult. The management reserves the right to alter this ratio if safety is compromised. The adult must be in the water with their children at all times.
- Waterproof swimming nappies are to be worn by all babies using the swimming pool.
- No food and drink to be consumed on poolside. Glass bottles are strictly prohibited on poolside.
- Please observe the lane swimming instruction boards. Please note the swimming lanes are for lane swimming only. Please do not allow children to play in the swimming lanes.
- Spectating on poolside is strictly prohibited with the exception of swimming lessons. Use of the pool is strictly limited to the time of the lesson.
- Swimming lessons operate throughout the week at various times. Please refer to the pool timetable which highlights the pool area being used for swimming lessons.
- Please inform the lifeguard or a representative of the Club, if you have any illnesses or injuries prior to swimming.
- Failure to comply with these rules or any unruly behaviour may result in you being refused access or asked to leave.
- The River Bourne Club reserves the right to change or amend the pool programme. All changes will be clearly advertised in-club.
- The River Bourne Club accepts no liability for any injury, loss or damage however caused.